



CREATE A PERSONAL VALUE STATEMENT AND ACHIEVE THE SUCCESS YOU DESIRE

People who keep going, who stand even in the face of great adversities, never give up and ultimately achieve the success they desire, have some things in common. This type of wholehearted devotion can only happen when you have clearly defined core beliefs based on convictions, ideologies, and morals. The difference maker between those people who seem to rise above and those who shrink back is matching their talents to the things that are the most meaningful to them. You can be sure to accomplish your dreams when your purpose is aligned with the things that matter the most to you and the skills and expertise you bring.

FERVOR HAPPENS WHEN VALUES AND GIFTS UNITE!



What are the things that matter to you?



Write down the things you value!



Be authentic and don't rush the process.

SOME COMMON VALUES

Achievement
Adventure
Affection
Appreciation
Balance
Beauty
Career
Change
Clarity
Communication
Compassion
Community
Connections
Contentment
Contributing

Courage
Creativity
Curiosity
Dependability
Determination
Diversity
Excellence
Excitement
Faith
Family
Fitness
Freedom
Friendship
Generosity

Goodness
Happiness
Health
Home
Honesty
Honor
Humanity
Humor
Independence
Innovation
Integrity
Intelligence
Involvement
Justice

Kindness
Knowledge
Leadership
Learning
Love
Loyalty
Openness
Order
Passion
Patience
Peace
Personal-Development
Play

Power
Professionalism
Prosperity
Quality
Relationships
Religion
Respect
Responsibility
Security
Simplicity
Success
Teamwork
Wealth
Wisdom

FOLLOW THESE STEPS TO CREATE A PERSONAL VALUES STATEMENT

Step 1:

Write down the things you value. The first step is to brainstorm what qualities and characteristics you love the most. Write down everything that comes to mind and don't worry about how long your list is. You can condense it down. If you need some inspiration look to the common values list.

QUESTIONS YOU CAN ASK YOURSELF:

1. What traits do you admire the most?
2. Which values made your past or current successes possible?
3. What types of behaviors inspire you?
4. What kinds of behaviors make you mad?
5. What are you most proud of?
6. What's the one thing you would change about yourself?

Step 2:

Condense your list into smaller groups by themes. Now that you have a list of your most important values, you need to make it a more manageable list. A lot of the values you've written down will naturally fall into larger categories. For example, Intelligence, learning, and discernment can all fall under wisdom. Keep sorting your list until everything fits into an appropriate overarching theme. These themes are your personal values.

Step 3:

Eliminate any values still on your list that aren't the most important. Now that you've condensed your values list, you need to reduce it further by choosing the top 5 values to use in your personal values statement. An easy way to do this is to rank each one from the most important to the least important. You can compare two values at a time and ask yourself if you had to live without one, which would it be?

Step 4:

Write a sentence describing why each value is important to you. It's important to give each of your values context. Ask yourself, how do you interpret the value and how do you live it out in your life? For example, if your value is empathy, you could say something like this: *Empathy - being open to learning about others' experiences and the motivations behind their actions. Letting people know you are there for them.*

A value statement example:

My creativity is one of my most treasured possessions, and I look for the opportunity to be creative in every facet of my life. I love spending time with my friends and family because it keeps me balanced and my relationships are very important to me. I love to feel independent and my freedoms are something that I hold dear to my heart. Integrity is so important to me. I do what I say, and I look for that same quality in others. I love the excitement of change and the new opportunities it brings. It promotes my learning and my personal development which are both equally important to me. I cherish my health and my faith above all things, for without these two I can do nothing.