

# Your Happiness Depends on This!

Welcome to this edition of your Weekly Winning Resource all about the word disposition. We continue to be amazed at the timeliness of our winning words. Remember, these words were selected well over a year ago, and long before we had any idea what the year 2020 would bring. It's understandable given everything we are going through, our disposition may not be the greatest right now. We don't want you to beat yourself up, just the opposite, we want you to give yourself some grace if you haven't had such a "sunny" disposition. It's OK! What we would ask you to do is simply to contemplate and consider your disposition. If Martha Washington is correct in her quote above, and we believe she is, then really we can decide to have a better disposition, even in such circumstances as these. If we do, we will ultimately be happier no matter what we're facing. Dispositions are a person's core attitudes, values, and beliefs, that are the foundation of all behaviors. This means your disposition is of great importance and essential for you to lead a contented and successful life.

## Your Weekly Winning Word:

### **Disposition:**

*The way you think and behave.*

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## **Your Weekly Winning Article:**

I've decided to have a better disposition, now what?! If you truly desire to improve your disposition so that you can lead

a more contented and successful life, here are 5 ways you can accomplish this goal.

[Click Here To Read](#)

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## **Your Weekly Winning Challenge:**

After reading the article, decide which of the 5 ways is one you should work on the most. Is it your routine, limiting social media and news, taking better care of yourself, your influencers, or changing your focus? Spend time this week improving and working on that area of your life. Need some help? Contact Kim at [kim@ivedecided.org](mailto:kim@ivedecided.org) or Kurt at [Krtron@yahoo.com](mailto:Krtron@yahoo.com) and consider having a Success Partner to encourage you!

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## **Your Weekly Winning Quote:**

**" A cloudy day is no match for a sunny disposition." ~William Arthur Ward**

**WE NEED YOUR HELP...**Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we can help achieve their goals and dreams. Thank you!

# NOVEMBER

WEEK 3



<b>MONDAY 16</b> Master My Message with Cindy Byrd @The Garden 5:30-7:30pm	<b>TUESDAY 17</b> Be sure to tune in to this week's podcast <b>"My Success"</b> 12pm live on Facebook Hosted by: Kim Martin	<b>WEDNESDAY 18</b>	<b>THURSDAY 19</b> Join us on Zoom for Community Networking & Learning (CNL) 8:30-10AM <b>"How to write your  book?"</b> Led by: Jannita Williams
<b>FRIDAY 20</b>	<b>SATURDAY 21</b>	<b>SUNDAY 22</b> Weekly Winning Resource Arrives in your Email at 5:15pm	<b>NOTES:</b> <b>Save the dates!</b> Thurs Dec 3rd Holiday Open House *CNL will start back Thurs Jan 7th M&L 2021 Kick-Off Conference Fri & Sat Jan 29th & 30th Virtual Event!

Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert coach, and the support you need for success! [Click Here To Watch Any Of Our Past Success Groups Recordings](#)

I've Decided's The Journey: Hosts Michelle Bohm, owner of Inspired Style Co. Salon & Boutique and Jeannie Quick, Premiere Realtor at Keller Williams, express GRATITUDE for all the lessons this year has given. Becoming the best version of yourself is the best way to show gratitude for all you have. I've Decided helps you do that!

# Our mission is your success!

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