# What do you stand for?

Have you heard the saying, "You gotta stand for something or you will fall for anything?" Isn't it the truth? You must be strong and steadfast in what you believe and what you know is true. Welcome to this week's edition of your Weekly Winning Resource all about the word steadfast. Our purpose at I've Decided is to help you achieve your goals and dreams whatever they may be, and we know if you're going to be successful, you must be sure that you have a purpose, be strong in your faith that you will achieve it, and be steadfast. To be steadfast means you are unwavering in your beliefs and actions. If you are steadfast, no matter what trials you face, you will persevere and achieve what you desire. Having a steadfast character is key to your success!

## Your Weekly Winning Word:

#### Steadfast:

Unwilling to change your opinion or actions because you have a strong belief in something.

### Your Weekly Winning Article:

How steadfast are you? We did some research and found there are certain characteristics that people who are steadfast have. Check out this article to see how many of them you have. Click Here To Read

#### Your Weekly Winning Challenge:

Rate yourself on a scale of 1-10 in how steadfast you are in achieving your goals and dreams. One being not good at all, and 10 being laser focused. If you don't give yourself a 10, based on the article above, decide which of the characteristics you need to improve upon.

#### Your Weekly Winning Quote:

Doubts and mistrust are the mere panic of timid imagination, which the steadfast heart will conquer, and the large mind transcend. ~Helen Keller

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Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert coach, and the support you need for success! Click Here To Watch Any Of Our Past Success Groups Recordings

Today on I've Decided's The Journey: Hosts Michelle Bohm and Jeannie Quick discuss the real reason distractions can sideline you and what to do about it.

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