

# This is the thrill

Welcome to this edition of your Weekly Winning Resource all about the word, envision. The definition of envision literally means to conceive as a possibility or to mentally picture a future event. From the moment you decide and make the declaration of what your goal is, you must immediately start to visualize each step you will take to make it a reality, how you will feel, and what the end result will be. What you envision, you can achieve. When you envision the future you desire, you create mental scenes and new patterns of behavior. To envision is a significant step in the process of success. It allows you to imagine what you will be and how you will feel based on the choice you make today. Remember, to envision is different than to dream. When you dream, you are making up scenarios based on hopes and desires, but when you envision you're imagining the reality of your future self based on decisions you are making presently. To envision is putting yourself emotionally and physically in the future and getting a clear picture of what it will be. At I've Decided, our purpose is to help you be the best you can be so you can achieve whatever goal you set for yourself. We know that your mind is a powerful tool in helping you get where you want to go.

## Your Weekly Winning Word:

### **Envision:**

*To picture yourself and events mentally in the future tense.*

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## **Your Weekly Winning Article:**

What you envision, you can achieve. There is power in imagining your future self and visualizing what you desire becoming a reality. When you envision what will be, it helps you create and make an action plan for success. **Here are 4 Reasons why envisioning will help you create the future you desire.** [Click Here To Read](#)

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## **Your Weekly Winning Challenge:**

Based on the choices you're making today, envision your future self and where you will be. Get a clear mental picture of yourself 30, 60, or 90 days from now if you keep doing what you're doing today. How will you feel and what does the outcome look like? If you like what you see, great! Write down the choices you're making that are helping you achieve a future self that will make you happy. If you don't like what you envision, what is one change you can start right now that will give you a more promising outcome in the future? Write this change down in your Success Workbook and Journal and make that your goal to work on.

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## **Your Weekly Winning Quote:**

**"If you can envision it, you can achieve it." ~Bob Proctor**

**WE NEED YOUR HELP...**Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we

can help achieve their goals and dreams. Thank you!

**DECEMBER**  
**WEEK 4**

**MONDAY 21**  
Kurt and Kim's Weekly Confabulation  
Live on our I've Decided Facebook page  
2-3:30pm

**TUESDAY 22**  
Be sure to tune in to this week's podcast  
"The Source"  
1-3:30 Live on our I've Decided Facebook page  
Hosted by: Kurt P. White

**WEDNESDAY 23**

**THURSDAY 24**

**FRIDAY 25**  
Merry Christmas!

**SATURDAY 26**

**SUNDAY 27**  
Weekly Winning Resource Arrives in your Email at 5:15pm

**NOTES:**  
Save the dates!  
HCNL will start back Thurs Jan 7th  
M&L 2021 Kick-Off Conference  
Fri & Sat Jan 29th & 30th  
Virtual Event!

**I'VE DECIDED**  
COACHING

Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert coach, and the support you need for success! [Click Here To Watch Any Of Our Past Success Groups Recordings](#)

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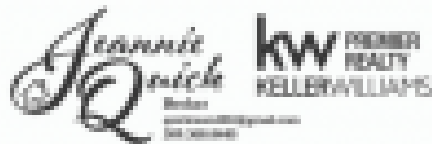
Using discernment can save you from consequences of poor decisions. Coach @Mark Doebler joins our Host and I've Decided Founder, Kim Singleton Martin, today on "My Success" to discuss 4 guidelines you can apply to discern well. Check it out!

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# Our mission is your success!

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