

# This is the Key!

Good Sunday afternoon amazing I've Decided Community! We are excited to bring you this week's edition of your Weekly Winning Resource all about the word respect. A little respect goes a long way! The Center for Creative Leadership says, "At its core, respect is a continuous process of paying attention to people. We love that definition, don't you? Being respectful may seem like an obvious thing to do, but based on research, it's not as intuitive as you think. Most of the time, being respectful to others, especially if they have a different belief or idea than you, is challenging, and requires you to be intentional. Eliminating disrespect, such as name-calling, being rude, or insulting doesn't create respect. Respect is an action: We show respect, we act respectfully, we speak with respect. It is important to remember the absence of disrespect doesn't have the same positive impact as the actual act of being respectful. Additionally, being respectful begins with making sure you respect yourself. At I've Decided, our mission is your success. We know that respect is an area that every human being can always do better, and anytime we are intentional about improving, achieving our goals and dreams becomes a little easier.

## Your Weekly Winning Word:

### **Respect:**

A positive feeling or action shown towards someone or something considered important or held in high esteem or regard.

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## Your Weekly Winning Article:

Being authentic is one of the most valuable ways to respect yourself. When you respect yourself, it's much easier to show respect to others and to earn their respect in return. People like and respect authenticity. Although, most of us may see ourselves as genuine and authentic, In today's culture of information and influence, it's not as easy as you may think. Here's an article that can help you determine how many characteristics of an authentic person you hold. Check it out!: [Click Here To Read](#)

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## Your Weekly Winning Challenge:

Take time to consider these questions: What is one thing you can do starting immediately to be more respectful of yourself, and one thing you can do to be more respectful of others? How can you live out your convictions and values while respecting the differences in others?.

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## Your Weekly Winning Quote:

**"I respect myself and insist upon it from everybody, and because I do it, I respect everybody too." ~Mayo Angelou**

**WE NEED YOUR HELP...**Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we can help achieve their goals and dreams. Thank you!



Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert coach, and the support you need for success! [Click Here To Watch Any Of Our Past Success Groups Recordings](#)

Watch Bryce Garber's presentation from this past Thursday's Community Networking & Learning called "Refining your Marketing Statement".

**Our mission is your success!**

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