

This changes everything!

Welcome to this week's edition of your Weekly Winning Resource all about the word attitude. We think it's safe to say, this year in some way, has impacted every single one of us. When something of this magnitude impacts us, it can definitely impact our attitude. Our purpose at I've Decided is to make sure you achieve your goals and dreams whatever they may be. We know that your attitude will determine how successful you become. In fact, research from Stanford University shows that our attitude is more important than our IQ when it comes to being successful, and Scott Hamilton says, "The only disability in life is a bad attitude." If this is true, then you have the power to change the one thing that can be holding you back from being the best you can be. This week is a great opportunity to self-reflect and determine where your attitude may be hindering you from moving forward. Remember, attitude changes everything!

Your Weekly Winning Word:

Attitude:

Your opinion or feeling about something.

Your Weekly Winning Article:

If you genuinely want to be successful, your number one priority should be to master a winning attitude. When your attitude is optimistic, you expect the best is yet to come, and you're enthusiastic, it's easier to focus on opportunities and less on problems. A winning attitude will attract people to follow you and provide more open doors. If you find

yourself these days being a little more pessimistic and down on yourself, check out this article on the 8 habits you can put into practice that will help you get back to a winning attitude! [Click Here To Read](#)

Your Weekly Winning Challenge:

Take time this week to self-reflect and determine what habits from this week's Winning Article you need to incorporate to improve your attitude.

Your Weekly Winning Quote:

Your attitude is like a price tag, it shows how valuable you are. ~Unknown

WE NEED YOUR HELP...Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we can help achieve their goals and dreams. Thank you!



Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert coach, and the support you need for success! [Click Here To Watch Any Of Our Past Success Groups Recordings](#)

Welcome to this month's edition of "My Success" This week is all about the word success. Kim Martin is discussing the 10 pieces of the success puzzle!

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