

The Most Powerful Attribute of Growth

We are excited to bring you this week's edition of your Weekly Winning Resource all about the word humble. Being humble is an underrated quality that isn't talked about much anymore. It may even seem old-fashioned in today's "fast forward" world, but it's a quality that is necessary more now than ever before. Being humble is the feeling or attitude that you have no special importance that makes you better than anyone else. At first glance, humility seems like a negative quality, almost like a sign of weakness rather than a strength. In reality, humility is a type of modesty that will get you very far in your life as a person, a contender, and a leader. A person who isn't humble can't possibly have a growth mindset because they believe they already know what they need to know. At I've Decided, our purpose is to help you achieve your goals and dreams whatever they may be. We know that in humility you are the greatest, and it is an asset for your self-improvement. There is no weakness in being humble, being humble is the most powerful attribute of growth.

Your Weekly Winning Word:

Humble:

Not proud and not thinking you're better than anyone else.

Your Weekly Winning Article:

We could not have written a better article ourselves than the one we found on gloveworx.com. Although it is referring to

being in the boxing ring, it is a powerful message about humility that can be applied to any of us. Check it out here: [Click Here To Read](#)

Your Weekly Winning Challenge:

At some point during this week, spend an hour reflecting on an area of your life that you could be more humble and practice humility.


Your Weekly Winning Quote:

Humility is not thinking less of yourself. it's thinking of yourself less. ~ Rick Warren

WE NEED YOUR HELP...Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we can help achieve their goals and dreams. Thank you!

OCTOBER
WEEK 2

MONDAY 12 "Master My Message" workshop led by Cindy Byrd Sign up at www.ivedecided.org 5:30-7:30PM @The Garden	TUESDAY 13 Be sure to tune in to this weeks podcast "Our Community" Tuesday @Noon live on Facebook Hosted by Andy Thornton, CEO of The Y	WEDNESDAY 14 "Smash my Stress" workshop led by Sabra Maurice, LCPC Sign up at www.ivedecided.org 7pm at The Garden	THURSDAY 15 Community Networking & Learning "Purpose Driven Payday" 8:30-10AM In person at The Garden or join on Zoom.
FRIDAY 16	SATURDAY 17	SUNDAY 18 Weekly Winning Resource Arrives in your Email at 5:15pm	NOTES:



Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert coach, and the support you need for success! [Click Here To Watch Any Of Our Past Success Groups Recordings](#)

Today on I've Decided's The Journey: Hosts Michelle Bohm @inspiredstyleco and Jeannie Quick @Keller Williams Premier Realty discuss our weekly winning word Respect. How can we be more respectful to ourselves, those we love, and our community? Join us to find out more: www.ivedecided.org

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