### We all need this.

Welcome to this edition of your Weekly Winning Resource. First and foremost, we want to wish all of the amazing Moms in our community a Happy Mother's Day today. Moms truly are a supplement for success! Our Weekly Winning Word is supplement. If you're like most, when you hear the word supplement, your mind goes right to vitamins, protein shakes, and anything that would enhance your health. This is definitely the most popular way we use this word in the English language, but really the definition has a deeper meaning. If you want to improve or complete something that is lacking, a supplement can help make it better. In the same way we take vitamins to enhance our health, we need supplements to improve our success in achieving the goals and dreams we desire. Each of us are lacking in something, we simply can not be complete in every way. We need help to fill in the gaps where we are deficient.

## Your Weekly Winning Word:

#### Supplement:

Something added to complete or improve a thing; supply a deficiency or reinforce.

# Your Weekly Winning Article:

How you supplement your success can improve your odds greatly for achieving the things you want to accomplish in your life. With a good dose of vitamins A,B,C,D, and E, you can enhance your health. What if we look at our mindset in the same way? What would these supplements look like? Check out our Weekly Winning Article to find out!

Click Here to Read

### Your Weekly Winning Challenge:

Think about your own personal goals and the things you want to accomplish. What supplements are you lacking and what could you add to improve your level of success? Challenge yourself to add at least one supplement you need to help you achieve your most important goal right now.

## Your Weekly Winning Quote:

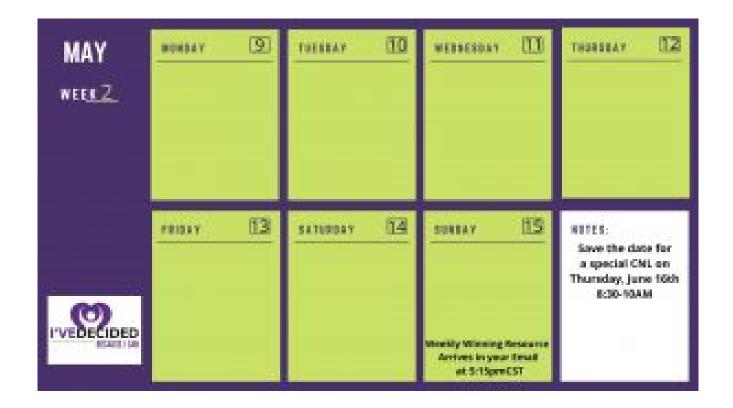
"A coach is like vitamins, they are a supplement for success." ~Kim Martin

There is no better supplement for success than a coach.

If you haven't already, consider upgrading your membership to a Launch My Success Membership that includes coaching. You can opt for weekly group coaching or one on one coaching, whichever makes the most sense for you. With our nothing to lose money back guarantee, you have NOTHING TO LOSE and only SUCCESS TO GAIN. If you become a Launch My Success Member and decide after the first month, you aren't glad you made the switch, we will refund your money no questions asked. Go to your membership website at <a href="www.ivedecided.org">www.ivedecided.org</a> and be sure to log in as a member. You can select your membership and upgrade today!

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<u>Anthony M. Avellino, MD, MBA — "Playing Your Best Game" — 2022 Spring Seminar</u>

# Our mission is your success!



10% of our proceeds go to:

