# Always keep this.

Welcome to your Thanksgiving edition of your Weekly Winning Resource all about the word open. We love this time of year when the leaves are falling, the bon fires are roaring, and family comes together to celebrate the holidays. The year is coming to a close and a new year is on the horizon. It can be a fun and exciting time for many of us, but for some of us, it may be hard. There are challenges and there are losses. Most of us have had our fair share of both over the past couple of years. In difficult times, being open to new ideas and keeping an open mind can feel exhausting. Albeit tough, it can be exactly what you need to keep the fire burning. With an open mind, you can find the good in the bad, find new ways when you run into a dead end, and gain new information that was just what you were waiting for. There are exactly 6 weeks left in 2021. What will you be open to?

## Your Weekly Winning Word:

### **Open:**

Allowing access; not closed or blocked up.

## Your Weekly Winning Article:

It's much easier to keep an open mind when things are going well, but what about when they are not? In our Weekly Winning Article this week, we share 3 ideas to help you keep an open mind when life feels hard. Read it here: <u>Click Here</u>

### Your Weekly Winning Challenge:

In celebration of Thanksgiving, and keeping in mind the second thing in our article this week, we want to encourage you to be grateful for everything! Everyday for 7 days, write down what you are grateful for. It can be anything that comes to your mind! We've created an I've decided to be grateful 7-day challenge calendar for you to use. Download Here: <u>Grateful 7-day challenge</u>

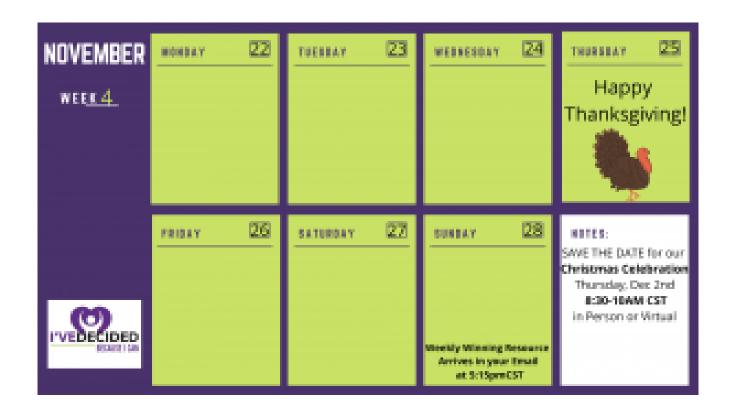
## Your Weekly Winning Quote:

"It's not what you look at that matters, it's what you see." ~Henry David Thoreau

Would a coach help you? Be open to the idea. A good coach will help you see things with clarity and push you beyond what you thought you could do. If you haven't upgraded to our Launch My Success Membership yet, the time is now. Included in this membership, is weekly group coaching with one of our awesome Success Partners. You can learn more about them here: Learn More – Success Partners

Having a coach is an investment that you can expect to get a return on, it is not an expense. The time is now...What are you waiting for?

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Included in your membership are the recordings of our events. If you want to remember a key point you heard in one of our past conferences or from the last Community Networking & Learning (CNL) click here: <u>Past Recordings – Members Only</u> and it will direct you to our website to watch!

<u>CNL – Café Santa Rosa</u>

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