

# What are you immersed in?

Welcome to this edition of your Weekly Winning Resource all about the word immerse. Each one of us is immersed in something, and depending on what it is, will determine what we do. So, we ask you, "What are you immersed in?" Some people are immersed in the news, social media, their favorite Netflix shows, habits that bring instant gratification, or things that don't matter much to them at all. Maybe this is you right now, or maybe you can relate to a time when it was you. There is one thing you can be certain of, whatever you immerse yourself in, will ultimately determine the life you will experience. In an article written by Tom Morkes, he says, "Your mindset is essential to your success. If you're hoping to find success in any endeavor, the right mindset will be your greatest ally. Conversely, the wrong mindset, will be your greatest enemy." He goes on to say, "Whatever philosophy you want to live by, takes an unreasonable commitment and and immersion into the lifestyle you want to live. You must immerse yourself in the right things that will bring you the outcomes you desire.

## Your Weekly Winning Word:

### **Immerse:**

*Involve oneself deeply in a particular activity or interest.*

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## Your Weekly Winning Article:

Since we know that all of us are immersed in something, we did some research to find out what things successful people are immersed in. We found these four things coming up consistently. Find out what they are in our Weekly Winning Article here: [Click Here to Read](#)

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## Your Weekly Winning Challenge:

This week your challenge is to do some self-reflecting. Take some time each day to pay close attention to the things you are immersing yourself in. Ask yourself this question: Are the things I'm immersing myself in getting me where I want to be in my life?

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## Your Weekly Winning Quote:

**“When you immerse yourself in a community, you tend to rise in that community.” ~Hasan Minhaj**

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## **You have nothing to lose.**

Sometimes we can't see the forest for the trees. It takes someone on the outside to help us see what we can't see. This is why having a coach is essential to success. If you are ready to see the success you desire, it's time to work with one of our I've Decided Certified Success Partners. You can join our nothing to lose 30 day coaching challenge. If you are not already a Launch My Success Member, now is the time to DECIDE to upgrade. You can opt for weekly group coaching or one on one coaching, whichever makes the most sense for you. Work with one of our coaches, and at the end of 30 days if you aren't glad you did, we will give you your money back. You have **NOTHING TO LOSE!** Go to your membership website at [www.ivedecided.org](http://www.ivedecided.org) and be sure to log in as a member. You can select your membership and upgrade today!


Learn more at:

[Learn More – I've Decided Coaching Options](#)

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**MARCH**  
**WEEK 5**

MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31
	<b>Clients, Content, &amp; Campaigns Workshop</b> 2:00PM - 4:00PM CST Virtual or in person		
			<b>NOTES:</b> Sign up now! 4/28/22 "Unlimit Your Life" Virtual Spring Seminar Featured Speaker: <b>Dr. Anthony (Tony) Avellino</b> Neurosurgeon, Dedicated Cash Participant & Author of "Finding Purpose"
		<b>Weekly Winning Research</b> Arrives in your Email at 5:15pm CST	



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Included in your membership are the recordings of our events. If you want to remember a key point you heard in one of our past conferences or from the last Community Networking & Learning (CNL) click here: [Past Recordings – Members Only](#) and it will direct you to our website to watch!

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*I've Decided: Host Kim Martin & guest Hayden Maubach – Exuberant*

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