# How will you emerge?

Welcome to this edition of your Weekly Winning Resource all about the word emerge. In this life, it is inevitable that we will all experience a crisis at some point. Sometimes, it's directly in your own life, and sometimes it's a worldwide crisis like the pandemic that impacts us all in some way. In our research, we found that when written in Chinese, the word crisis is composed of two characters - one represents danger, and one represents opportunity. Finding the silver lining is a human skill. No matter what is happening, we can all make lemonade out of lemons. Emerging from the consequences of Covid-19 is no different. History teaches us, at some point a crisis will start to subside, and we are starting to experience that on this side of the pandemic. The question is, how will we emerge to a better and stronger normal. One thing for sure, there will be no going back to the way things were. We have all been changed, so we have to stop waiting to "get back to normal". If you're waiting on that, your life, goals, and dreams will pass you by. The time is now for you to decide how you are going to emerge stronger and better. At I've Decided, we are here to help you and your success is our mission. We want to encourage you to focus on the opportunities that have emerged from the change you've experienced over this past year. How will you emerge?

# Your Weekly Winning Word:

### Emerge:

To come forth into view; to rise from

### Your Weekly Winning Article:

It's time to let go of the idea of getting back to normal and emerge stronger to a better normal. This can sound easier than it actually is, but with the right outlook, you can emerge better than you were before. Check out our Weekly Winning Article for four reminders that will help you. <u>Click Here to</u> <u>Read</u>

# Your Weekly Winning Challenge:

Take some time this week to contemplate what your new normal looks like. Here are a few questions to consider: 1) What are you trying to hold on to from your past normal that you may need to let go? 2) What is something positive that you didn't expect that has come from the crisis of the past year? 3) How are you stronger?

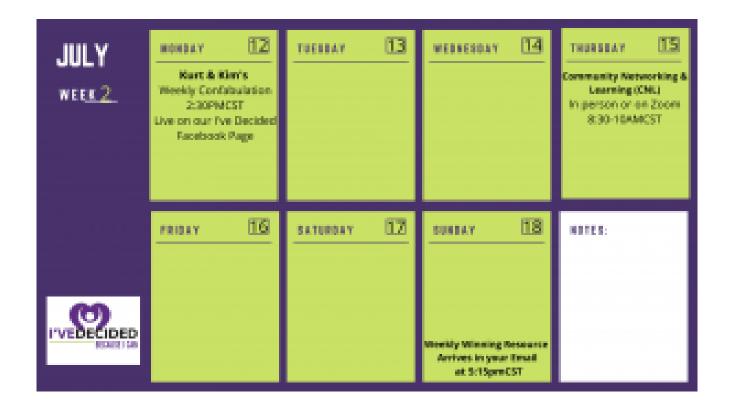
# Your Weekly Winning Quote:

"Some changes look negative on the surface, but you will soon realize that space is being created in your life for something to emerge." ~Eckhart Tolle

Are you ready to emerge stronger than ever before? A coach could be just what you need! Consider our Launch My Success Membership. Included in this membership, is weekly group coaching with one of our awesome Success Partners. You can learn more about them here: Learn More – Success Partners Having a coach is an investment that you can expect to get a

return on, it is not an expense. The time is now...What are you waiting for?

WE NEED YOUR HELP...Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we can help achieve their goals and dreams. Thank you!



If you missed the last Community Networking & Learning (CNL) on Thursday click on our past recordings link below to watch! Included in your membership are the recordings of our events. Past Recordings – Members Only

<u>Pause – 5 Ways To Be More Mindful</u>

# Our mission is your success!

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