## It's not fast or easy!

Welcome to this edition of your Weekly Winning Resource and welcome to a new season, new month, and the last quarter of 2022. October is a great month to start where you are and forge ahead! Finish this year strong. Did you guess? Our Weekly Winning Word is forge. October is a crossroads month. It's a new season which brings some motivation for change and the desire to get back on track, but it also starts the last quarter of the year, which we know is a very busy time! With all the hustle and bustle of the holidays and the stress that comes with it, your brain may try and convince you to just let go of any goals for the year and pick up in the New Year instead. Don't let this happen, don't procrastinate. You must forge ahead and accomplish what you can. There is still plenty of time left in the year and you can get a lot done. Success is very hard, it's not fast or easy.

### Your Weekly Winning Word:

#### Forge:

To move forward slowly and steadily.

#### Your Weekly Winning Article:

Remember, three steps forward and two steps back will still get you where you want to be. The key to success is to keep forging ahead. However, there are five strategies to follow when forging ahead that will help you stay the course. Using the acrostic F-O-R-G-E, we share them with you in this edition of your Weekly Winning Article. Check it out here:

#### Your Weekly Winning Challenge:

Your challenge this week is to make a plan for how to forge ahead and finish the year strong. We will discuss this at our Virtual Monthly Group Session this Tuesday, October 4th 4:30-5:15 PM CST. Use this time for accountability and support to help you regroup and motivate you to forge ahead. Join us on

here: <a href="https://us02web.zoom.us/j/87402178065">https://us02web.zoom.us/j/87402178065</a> Passcode: 229298

### Your Weekly Winning Quote:

"Overcome your fears and forge your own path." ~Unknown

# Coaching is a great way to sharpen your skills.

Spending time with a Success Partner each week to take a deep dive into your Weekly Winning Resource and discussing how it applies to your goals and dreams is not only motivating, it gives you the accountability and support you need to forge ahead towards your goals and dreams. Join in for a complementary group coaching session any Monday at 1:30pm CST with Kim. Come and see for yourself the difference it could make. The Zoom link to attend is: <a href="https://us02web.zoom.us/j/83584618429">https://us02web.zoom.us/j/83584618429</a> and the passcode

is: 743243

#### Learn more about our coaching options at:

<u> Learn More — I've Decided Coaching Options</u>



Included in your membership are the recordings of our events. If you want to remember a key point you heard in one of our past conferences or from the last Community Networking & Learning (CNL) click here: <a href="Past Recordings">Past Recordings</a> — <a href="Members Only">Members Only</a> and it will direct you to our website to watch!

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