## The breakfast of champions!

We are excited to bring you this edition of your Weekly Winning Resource all about the word feedback. Here's the thing about feedback, you can't just sit back and wait for it to come to you. If you sincerely want to improve and keep growing and learning, you must ask for it. Success requires feedback on a regular basis. The key is to seek it out from someone you can trust, who knows the goals and dreams you desire, and who wants you to win. When you seek to be the best version of yourself, it will require difficult conversations with the people you spend the most time with. The truth is, other people see things in us that we don't see or notice in ourselves. Make feedback a normal part of your life and see the positive difference that it will make.

## Your Weekly Winning Word:

#### Feedback:

The transmission of evaluative or corrective information about an action, event, or process to the original or controlling source.

### Your Weekly Winning Article:

You can't just sit back and wait for feedback to come to you. If you sincerely want to improve, you should make the first move when it comes to corrective information. In our Weekly Winning Article this week, we share three moves you can make to help you 'TAP" into valuable feedback. Check it out here: Click Here to Read

### Your Weekly Winning Challenge:

Did you assume this week's winning challenge would be to tap into feedback? If so, you would be correct! For some of us, this will be one of the hardest challenges we've had so far. It can be very difficult to ask for honest corrective information, but it unlocks the door to personal growth. Ask yourself; what goal are you working on right now or what area of your business or personal life do you know you want to improve? Think of a person who knows your heart, wants what's best for you, and that you can trust. Make time to meet with them, and ask them for genuine feedback.

### Your Weekly Winning Quote:

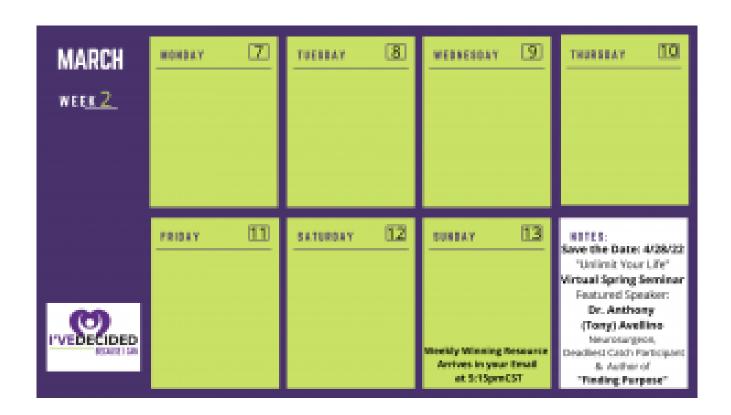
"Feedback is a free education to excellence, seek it with sincerity and receive it with grace." ~Ann Marie Houghtailing

#### TAKE OUR NOTHING TO LOSE COACHING CHALLENGE.

One of the greatest benefits of having a coach you can trust, is the genuine feedback you will receive. If you are ready to see the success you desire, it's time to work with one of our I've Decided Certified Success Partners. You can join our nothing to lose 30 day coaching challenge. If you are not already a Launch My Success Member, now is the time to DECIDE to upgrade. You can opt for weekly group coaching or one on one coaching, whichever makes the most sense for you. Work with one of our coaches, and at the end of 30 days if you aren't glad you did, we will give you your money back. You have NOTHING TO LOSE! Go to your membership website at <a href="https://www.ivedecided.org">www.ivedecided.org</a> and be sure to log in as a member. You can select your membership and upgrade today!

Learn more at:

#### Learn More — I've Decided Coaching Options



Included in your membership are the recordings of our events. If you want to remember a key point you heard in one of our past conferences or from the last Community Networking & Learning (CNL) click here: <a href="Past Recordings">Past Recordings</a> — <a href="Members Only">Members Only</a> and it will direct you to our website to watch!

Add our podcast to your playlist from your favorite podcast player, apple, itunes, podbean, google play, amazon, etc..

Search " I've Decided Media " in App to follow our podcast.



https://ivedecidedmedia.podbean.com/

# Our mission is your success!



10% of our proceeds go to:

