

Let us do this!

Welcome to this edition of your Weekly Winning Resource. We want to wish you a safe and blessed Memorial Day. On this day we honor all who have fallen and those who serve our Country. God bless our service men and women and the USA!

Our Weekly Winning Word this week is edify. Edify isn't a common word we use in our current culture, but we should. Can you imagine what the world would be like if everyone decided to only speak words that edify one another? As impossible as it sounds, just like anything else, it starts with us. Let's get to know the word and let it become a common practice at least within our I've Decided Community.

Your Weekly Winning Word:

Edify:

Instruct or inform in a way that improves the mind or character.

Your Weekly Winning Article:

Created as relational beings, it is our greatest privilege to enjoy companionship with the people who truly matter in our lives. How can we then be a source of encouragement to our friends, family, and loved ones? We found this great article with 10 simple ways to build each other up. Check it out here:

[Click Here to Read](#)

Your Weekly Winning Challenge:

It's time to give yourself a performance review. Do an honest self-check. How are you coming along with the things you are trying to accomplish? Share your thoughts and discuss with your coach. Don't have a coach? We would love to provide you a complimentary session to help you with your review and provide some feedback for you. If you're interested, please email kim@ivedecided.org to get a time scheduled.

Your Weekly Winning Quote:

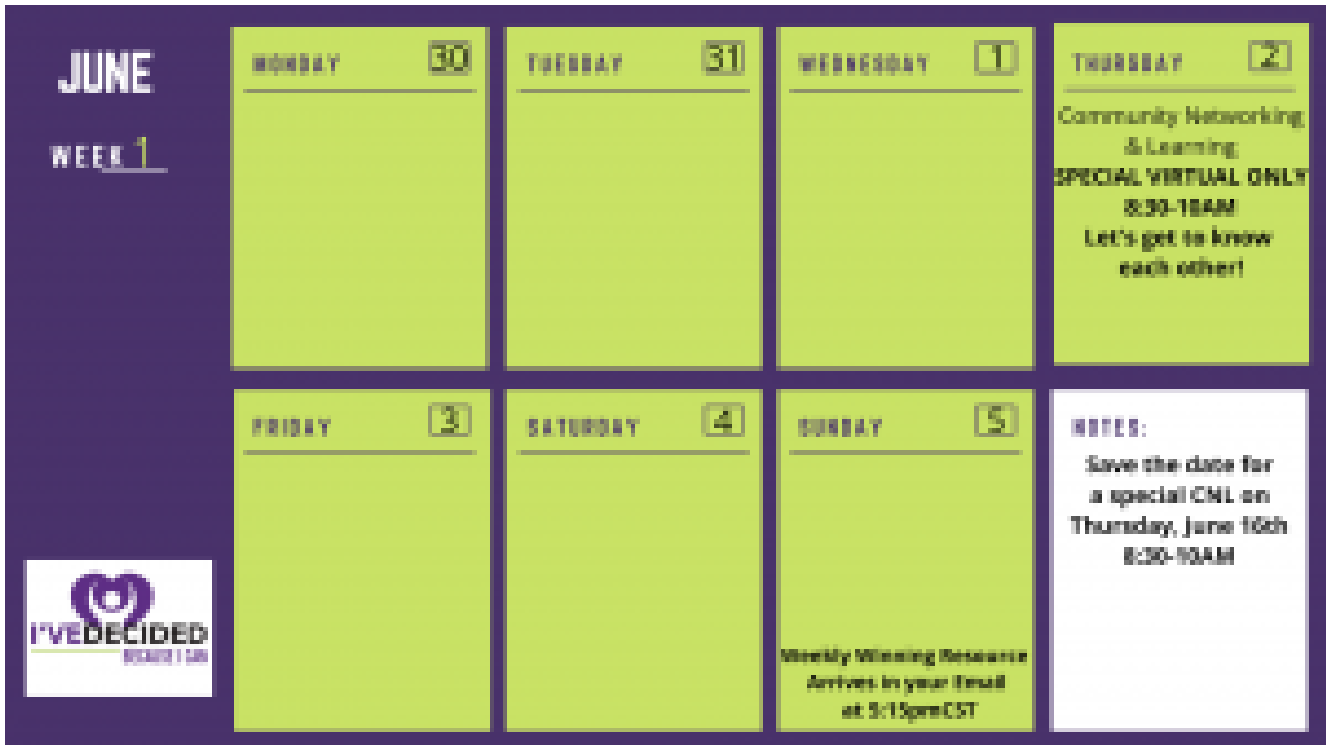
"Always look for the good in others. Avoid gossip and communication that puts others down. Speak words that edify and encourage with love."

Why should you work with a coach?

A coach will help you see when you are holding yourself back with self-talk that is not edifying. If you haven't already, consider upgrading your membership to a Launch My Success Membership that includes coaching. You can opt for weekly group coaching or one on one coaching, whichever makes the most sense for you. With our nothing to lose money back guarantee, you have NOTHING TO LOSE and only SUCCESS TO GAIN. If you become a Launch My Success Member and decide after the first month, you aren't glad you made the switch, we will refund your money no questions asked. Go to your membership website at www.ivedecided.org and be sure to log in as a member. You can select your membership and upgrade today!

Learn more at:

Learn More – I've Decided Coaching Options



Included in your membership are the recordings of our events. If you want to remember a key point you heard in one of our past conferences or from the last Community Networking & Learning (CNL) click here: [Past Recordings – Members Only](#) and it will direct you to our website to watch!

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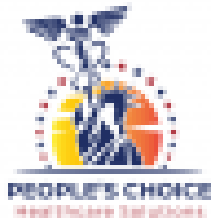
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[*CNL – National MS Society- Brian M. Gorsich*](#)

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