

# What is Success?

Welcome to this edition of your Weekly Winning Resource all about the word deliberate. When you are being deliberate, you are taking predetermined action, one that is well thought out. In life you have two choices; One is, you can just go with the flow and land where the current takes you, or two, be intentional of the choices you make and build your life by design. Understandably, you won't be able to control every single thing that comes your way, but you have way more control over where you end up than you may believe. How many times have we all heard the saying, "just go with the flow!" Yes, sometimes that method can come in handy under certain circumstances to help you stay calm in the storms, but unfortunately we can also use it as an excuse or a cop out. We do this because living a life of intention isn't easy. It requires hard work, determination, discipline, and perseverance. It's a much easier route to just go with the flow. At I've Decided, we want to encourage you to live the life of your dreams. This will require you to take deliberate action every single day towards your greater purpose.

## Your Weekly Winning Word:

**Deliberate**

*Done on purpose; intentional*

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## Your Weekly Winning Article:

Our I've Decided Community is all about living decided and making decisions based on what you desire to accomplish. It's

not about making rapid fire choices based on emotions and not so stellar habits. Successfully achieving your goals and dreams requires that you make purposeful and well thought out deliberate decisions. In our article we share four helpful hacks to making deliberate decisions. Check it out here:

[Click Here to Read](#)

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## Your Weekly Winning Challenge:

Make a list of some deliberate actions you can take this week to help you get a little closer to what it is you desire.

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## Your Weekly Winning Quote:

*“If you’re going to achieve the success you desire, you must be deliberate.” ~Kim Martin*

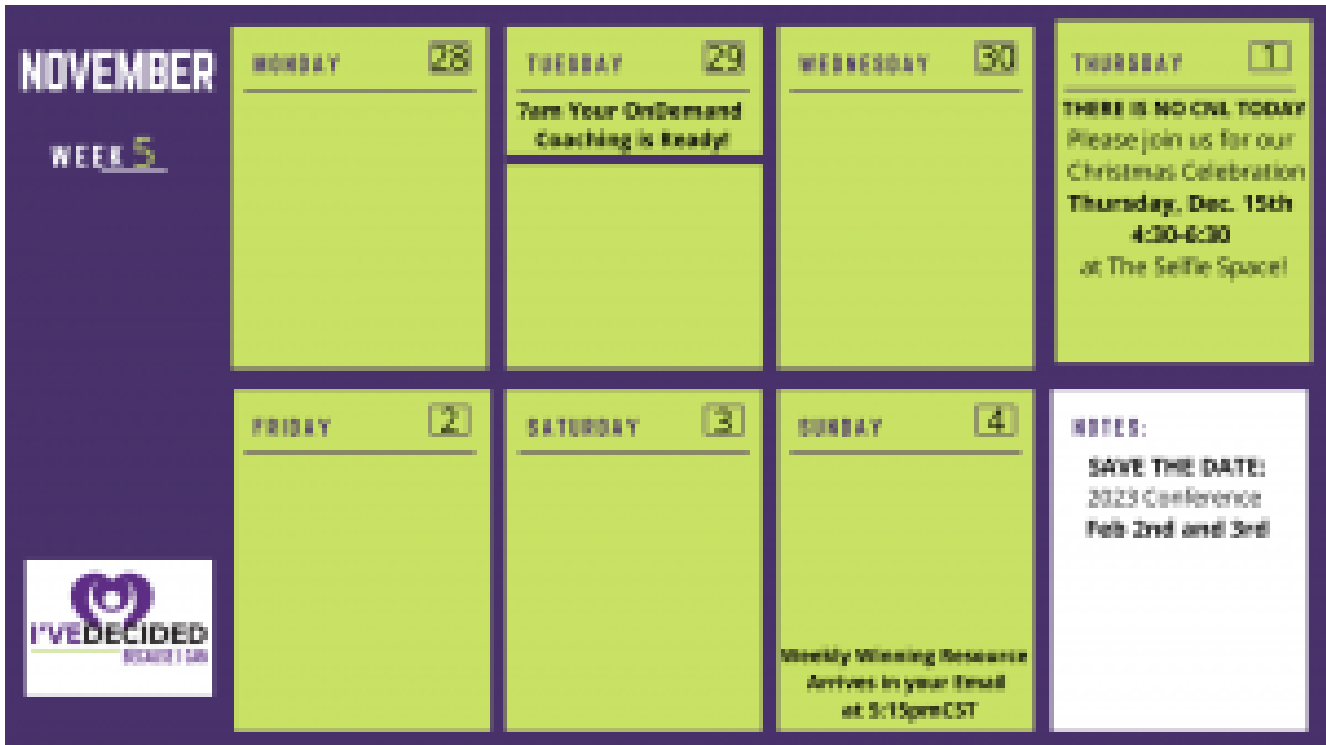
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**Take a deliberate step today and decide to work with a coach.**

What have you got to lose to do a free coaching session and see for yourself the difference it could make? Contact us now here: <https://ivedecided.org/contact/> In the subject line, type interested in a free coaching session. We will reach out to you within 24 hours to schedule your complimentary session with a success partner.

**Learn more about our coaching options at:**

## Learn More – I've Decided Coaching Options



Included in your membership are the recordings of our events. If you want to remember a key point you heard in one of our past conferences or from the last Community Networking & Learning (CNL) click here: [Past Recordings – Members Only](#) and it will direct you to our website to watch!

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[\*I've Decided: Host Kim Martin & guests Dr. Lindsay Tate & Jana Huston, APN-C – Repetition\*](#)

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# Our mission is your success!

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**10% of our proceeds go to:**

**PUP** People with  
Unlimited  
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