

Could a slight shift be the change you need?

A slight shift in the wind could change an entire weather forecast. Isn't that amazing? A small change can have such a huge impact. Your life is no different. A slight shift in your perception, can change your entire experience. Your success is our mission, so this week your Weekly Winning Resource is all about the word shift. It's not what can I accomplish, but what do I want to accomplish. Look how the shift in words change the entire meaning and answer of this simple question. At I've Decided we believe you have the ability to potentially change your life with a simple shift. Maybe it's the way you see things. Do you see the glass half full or half empty? This is such an overused analogy, but it does drive home the point that how we perceive things can impact us in a negative or positive way. We hope you enjoy this week's edition of your Weekly Winning Resource.

Your Weekly Winning Word:

Shift:

A slight change in position, direction, or tendency.

Your Weekly Winning Article:

Changing your perception can literally change everything. Here is a wonderful article we found by Bree Maresca-Kramer, and it speaks perfectly to the message we wanted to share with you this week. [Click Here To Read](#)

Your Weekly Winning Challenge:

Have a truth talk with your self this week. How are you doing emotionally? Are you seeing the glass half empty or half full? Depending on what's happening in your life, it's easy to shift from one perception to the other. It requires discipline to be intentional about your thoughts and your paradigm. Take some time to determine where you are, and what perception you may have that could be holding you back. The great news is, you have the control to shift at any time you decide to.

Your Weekly Winning Quote:

**"When we shift our perception, our experience changes." –
Lindsay Wagner**

WE NEED YOUR HELP...Please help us spread the word about our awesome community. You can help us by following our I've Decided Social Media pages on Facebook, LinkedIn, Instagram, and Twitter, and please be sure you like, comment, and share our posts. The more people we can reach, the more people we can help achieve their goals and dreams. Thank you!

Included in your I've Decided Membership are our Success Groups. We are excited to bring these resources to you in order to help you achieve your goals and dreams. We have designed these monthly success groups to help you make progress with your goals and dreams and provide you the opportunity to network with other people who are interested in a similar goal to you, advice and information from an expert

coach, and the support you need for success! [Click Here To Watch Any Of Our Past Success Groups Recordings](#)

Always awesome to have Kurt P. White in the studio! This week Kurt joins Kim to discuss our Weekly Winning Word, shift. In Kurt's own life experiences he's had to shift his perspective on many occasions and especially in times when he wanted to do things that some would say he couldn't possibly do. Kurt believes, and so do we at I've Decided, that if you shift your perception, or be willing to adapt in a situation, your experience will change. Do you agree?

[#204 March 1st, 2020 – Shift your perception to change](#)

Please join our co-hosts, Dr Marianne Hoyle, Brian Wood, and Kurt P. White as they discuss the weekly winning word, "Review." How are your New Year's resolutions coming? How would you assess your progress towards achieving your goals and dreams? I've Decided members strive to align their actions with their goals. Maybe now is a good time to conduct an honest review? Ongoing reviews are required to achieve success. And as we all know, I've Decided's mission is your success. The Source wants you to achieve your goals and dreams, no matter what they might be.

Tune in to I've Decided Media shows every Tuesday at 12:30 pm streaming from Peoria Life on facebook or youtube. The shows typically run 20 min or less just right to fit into your busy schedule.

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