

“5 Ways to stay loyal and faithful to your goals and dreams”

Fidelity comes easy at first when something is new and exciting, but how do we remain faithful and continue loyalty for the long haul, even when things get tough.

In our Weekly Winning Article this week we outline 5 ways that will help you stay loyal and faithful to your goals and dreams when you feel like giving up.

1. Don't fret mistakes –

Remember a mistake is a disappointment, it's not a disaster. You must expect that you will make mistakes, but don't let perfectionism steal your fidelity when it comes to achieving your goals and dreams. When you fall, dust yourself off, and get right back up. In fact, mistakes are a part of success. You learn when you fail. We like to call it, failing forward.

2. Remember it's a journey –

Achieving your goals and dreams is like running a marathon. It's not a fast 5K. It's going to take time and sometimes a very long time. Focus on taking baby steps and don't rush anything. Learn to enjoy each step of the way and take time to stop and smell the roses.

3. Work on them every day –

Be sure to invest some time each day towards working on your goals and dreams. Have dedicated hours when you are focused on doing something that will move you closer to accomplishing the things you desire.

4. Stay inspired –

Don't let the flame burn out. Find ways to stay inspired along the way towards your success. Read, follow people who are accomplishing the things you desire, learn, network, and surround yourself with high quality people who motivate, support, and encourage you.

5. Adapt when necessary –

Life happens and when it does, sometimes you must adapt. It's like a detour on a road trip. You don't change your entire destination simply because you need to go another route, even if it takes longer. Don't change the goal just because plan a didn't work. Adapt and make a new way.

It's much easier to give up on the things we desire in life than to persevere, practice fidelity, and stick it out until we see the success we want. Success is possible, and you can have the life you dream of. It takes fidelity to your goals and dreams.

Article Written By:

Kim Martin, Founder of I've Decided, INC.

www.ivedecided.org