

# **“6 Distinctive Traits that Resourceful People Have in Common”**

There are many distinctive traits that would characterize someone who has a resourceful mindset. However, we found some that stood out and wanted to share them with you. Consider your own ability to practice resourcefulness. How does your tendencies compare with these six characteristics that we believe make up a well-rounded resourceful mindset?

## **“6 Distinctive Traits that Resourceful People Have in Common”**

### **1.They are Flexible...**

Being flexible allows you to keep an objective and open mind. You are willing to bend and move to make things happen and are tolerant of all kinds of directive, people, possibilities, thoughts, opinions, advice, and situations outside of your own personal views. Being flexible also allows you to go through your emotions without getting to down on yourself or feeling stuck. Mental flexibility is one of the most exact ways to measure resilience and emotional well-being.

### **2.They are Confident...**

Whether you think you can or think you can't, you're right either way. You must fully believe in your heart that you are capable of handling anything that comes your way. Self-assurance creates an environment in which you trust yourself and you trust your judgement. You see the value in your talents, and you know your worth. You live with integrity and a moral conduct. Because you do this, you feel good about yourself, and you like yourself. Being confident isn't being

perfect all the time or arrogant. It's the opposite, it's knowing you're not perfect, but always working towards it. It's being humble because you recognize that you are equal to all human beings.

### **3.They are Innovative...**

Do what you can, where you are, with what you got. Theodore Roosevelt was famous for this saying, and it is so true! Being innovative isn't about always coming up with new ideas, it's also about making old things better. Being able to look at what's right in front of you and come up with better ways to make things happen. Innovative people optimize every opportunity and cease every moment which makes them very resourceful.

### **4.They are Prepared...**

Procrastination has no place in the world of the resourceful person. If you are going to be successful, you must plan and be prepared for any possibility. You should have things set aside to help you in the event of an emergency or a situation that was unexpected. To be prepared requires upfront work and dedication to staying organized. If you are prepared, you don't sit being passive, you act, engage, and influence those around you.

### **5.They are Steadfast...**

Never, never, never, never, never give up. Let any fears of failure or self-doubt motivate you to keep going. If you're not fulfilled, there is more for you to do. Any big dream will put pressure on you and cause you to constantly question yourself or make you want to give up. Trust the process. Remember mistakes are disappointment, not disasters. Giving up is the disaster. If you fall, dust yourself off, and get back up. If you're not where you know in your heart you want to be, then you're not there yet. Keep going! Be steadfast in your plans and you will always find the resources you need when you

need them.

## **6.They are Calm...**

Stay calm and be resourceful! Remember, there is always an answer to every problem. Think of all the times in your past that you have overcome and made it, even when you didn't think that you would. Allow those reminders to help you remain calm and positive when the storms of life come up. Practice being hopeful in every situation, constantly reminding yourself that the best is yet to come. When you do this, you will be able to see the good in any circumstance. Unless you harness the ability to rein in your emotions under pressure, it will be difficult for you to be a resourceful person. Keep calm and remind yourself of everything that you have already accomplished. This too shall pass. Allow these thoughts to strengthen you and help you get through whatever is happening. Being calm and hopeful will help you be resourceful.

Ultimately to be resourceful requires that you are constantly working towards improving yourself and being the best you can be. Be willing to learn new things and open to new ideas. You won't be able to control every situation, but if you are effective at being resourceful, you will be able to get through every situation. The most useful strength in the pursuit of successfully achieving your goals and dreams is being resourceful. Being resourceful gives you an advantage above the rest.

Written by:

Kim Martin, Founder of I've Decided, INC.

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