

3 things that help me harken to that still small voice.

"Why didn't I just listen?" I can't think of one time in my life when I've made a bad decision that I didn't hear that still small voice saying, "No, no, no, don't do that!" It's like once my mind is made up, I charge forward with an intensity that doesn't allow for time to take a moment and check my intuition. On the other hand, I have missed so many opportunities for the same reason. This small still voice was saying, "Yes do that even if you're afraid."

I have learned over time to harken to that still small voice even if it doesn't make sense at the time or goes against what I feel like I should do. When I pray, listen, and obey, things go much better.

Here are 3 things that help me harken to that still small voice that you may want to give an "EAR" to.

Every time –

It's hard to listen to yourself, especially when there is so much noise from others who may be saying something different. It's much easier to second guess yourself. It can even be scary because a lot of times that still small voice is calling you far outside of your comfort zone. For whatever reason, we just don't want to listen. You must learn to listen to your still small voice every single time. You will never regret it if you do, but there will be plenty of regret if you don't.

Assume –

That small still voice will never steer you wrong. Always assume that it is the best thing you can do. Most of us don't

trust ourselves. It can be due to past mistakes, the way we were raised, or making decisions based on what other people think. What ends up happening is we refuse to listen to our own self. You must learn to trust yourself and assume that voice telling you what to do really does know what it is talking about.

Regard –

Hold your intuition in high regard. You must have great respect for that deep inner voice. If what you are facing brings you mental anguish, pay attention to those cues. The more you practice listening to that inner voice, the easier it will be to harken to it. That small still voice knows things about you that you may not be willing to admit, so listen carefully to it. Find the space to get quiet and slow down so that you can hear yourself think. All the answers you need are already inside of yourself, you just have to be willing to heed and pay attention to what you already know.

Everything in your life will go a lot easier if you learn to listen to that still small voice directing you every step of the way. You must harken to your internal intuition every single time.

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