

Your “Personal” Culture and The Mark You Want to Leave on The World

Does the personal culture you exude adequately represent the values and standards you want them to and are you making the impact you desire to make while you are here on earth?

Your values will form your personal culture regardless of anything else. The values that are guiding you will determine the choices you make, the decisions you make pertaining to your relationships, where you work, and ultimately everything you choose to be involved in. Even considering the impact that values have on personal culture, most people take little time to choose their values. Instead, we adopt the values from our parents, the people who had the biggest influence in our lives, and the dominant values of society.

When is the last time you have taken a close look at the values you are living in accordance with? Are they the same or different than you were raised with? Do they align with your deepest desires and what you know as truth? Essentially, are the standards you are living by bringing you internal satisfaction? Regardless, you have a personal culture that is radiating out into the world. You are either making an asserted effort to choose what that is, or it is simply happening naturally based on values that have been pressed upon you by those people and things that have been influencers in your life.

You can choose the personal culture you want to emanate, or simply just let it happen. If you want to be sure you make the mark on this earth you desire while you are here, you must be sure you choose the values that are fueling your personal culture and making an assertive effort to guide your decisions

with the values that resonate personally with you.

Determining your personal values and creating your personal culture. To help you get started, here are 10 questions you can ask yourself. Do not overthink it but challenge the first answer that comes to mind to make sure it truly is how you personally feel, and that it has not been pressed upon you by outside influencers.

1. What is the most important thing to me?
2. What makes me feel the proudest about my life?
3. What hurts me?
4. What do I want to change about my life?
5. How do I want to be remembered?
6. What am I grateful for?
7. Is my social circle influencing my life in a positive way?
8. If fear or money were not an option what would I do?
9. What would be my biggest regret if I died tomorrow?
10. What does success mean to me?

Knowing and living by your personal values will change your behavior. When this happens, your personal culture will make the mark upon the world that you were created for. You will experience greater fulfillment and have a much happier life.